

Safeguarding Adults Update – Summer 2026

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Learning from Safeguarding Adults Reviews – What is a SAR?

Under Section 44 of the Care Act 2014.

A review where there is learning for the partnership.

Learning not blame.

‘promote effective learning and improvement action to prevent future deaths or serious harm occurring again’

Publicly available.

Who was Ms C?

Ms C was a 57-year-old transwoman who died in her home (in Enfield) in late 2022. She suffered from heart disease and diabetes – and had also been diagnosed with a personality disorder.

Ms C's GP was working to reestablish a number of medications at the time of her death but she died of natural causes in her home. Ms C's relationship with professionals was difficult and the ESAB decided a review was necessary. You can find [the Executive Summary of this review here.](#)

Ms C frequently described prejudice she experienced though she rarely reported direct incidents...

‘Not going to accept carers coming into my home to make fun of me’

‘Bigot doctor’

But some clearly recorded incidents such as misgendering at the hospital.

Studies show that staff aren’t confident around language use when working with transgender adults. But that it really helps when managers talk about it.

No-one expects you to be an expert on transition if that hasn't been your experience but...

Everyone deserves to be addressed by the name and pro nouns that they choose. Professional recording should also respect adults' chosen pro nouns.

Everyone deserves not to be mocked whilst they are asking for help. Identity isn't a topic for discussion unless it becomes relevant for some reason.

If you don't know how to address someone, just ask what they'd prefer.

Between 2018 and 2023, Compassion in Care's helpline received over 500 reports of abuse against LGBTQ adults (because of their identity).

Lots of resources out there to support training and understanding around this. Please see the Summer Newsletter for some.

Research clearly demonstrates that LGBT+ people in later life report poorer health than the general population.

Trauma informed practice principles

- Safety
- Trustworthiness
- Choice
- Collaboration
- Empowerment
- Cultural consideration.

Ms C's case also highlighted issues around professional curiosity when people decline care...

- Are we always asking why?
- Are we escalating this when we can so it can be explored?

Falls and Pressure Care Guidance up for Review!

Find them here on the [Enfield Safeguarding Adults Board website](#) on the [Documents/Tools page](#).

Please send thoughts or suggestions to EnfieldSAB@enfield.gov.uk