Welcome to the Carterhatch Family Hub

All families need support from time to time to help their babies and children thrive, whether that's from friends, family, volunteers, or professionals.

Carterhatch Family Hub brings together lots of different services for children and families, making it easier for families to get the help they need at the right time. We offer help and support for families, from pregnancy up to age 5.

Our Family Hubs provide support for any family, child or living in Enfield who needs them. Our doors are open to everyone, ensuring that families get the help and support they need.

FAMILY HUB

HELPING CHILDREN, YOUNG PEOPLE AND FAMILIES THRIVE

Who can I see / speak to & find out more / ask for help?	There is a Family Navigator at the hub to support families to access information, advice, and services. To find out more: Call: 020 8106 9996, Monday to Friday 8:30am—4:00pm Email: familyhubenquiries@enfield.gov.uk The hub schedule provides support for parents and carers through pregnancy and up until their child is 2 years old, and opportunities for families with children under 5, to learn, develop and have fun. Please see page 2, for the latest Carterhatch Family Hub activity schedule.
Where to find us:	Carterhatch Family Hub: Autumn Close, Enfield, EN1 4JY **Public transport links:** Buses – 191, 217 & 317 within walking distance.

Use the QR code to remain up to date with the latest activities.

Please note that sessions may be subject to change. Stay and play sessions take place both indoors and outdoors, all sessions are free for families with children under five. Mobile phones must not be used anywhere on site. Prams and buggies must be left in the designated buggy parks provided at all locations.

ENFIELD Council

Monday	
2-Year-Old Reviews - By Invitation from Health Visiting Team, please call 020 3988 7300 for more information.	9:00am to 12:00pm
Speech & Language (1st Monthly) By Invitation from Speech and Language Team, please call 020 4553 7784 for more information	9:00am to 12:00pm
Stay & Play (1-4 Years) To book please call 020 8106 9996	9:15am to 10:30am
Stay & Play (1-4 Years) To book please call 020 8106 9996	11:00am to 12:15pm
1-Year-Old Reviews - By Invitation from Health Visiting Team, please call 020 3988 7300 for more information.	12:30pm to 3:30pm
Speech & Language (3rd Monthly) By Invitation from Speech and Language Team, please call 020 4553 7784 for more information	12:30pm to 3:30pm
Baby Group (0-1 Years) To book please call 020 8106 9996	2:00pm to 3:15pm
Tuesday	
Access and Advice (2nd Monthly) - By Invitation from Speech and Language Team	9:00am to 12:00pm
Stay & Play (1-4 Years) To book please call 020 8106 9996	9:15am to 10:30am
Immunisation Clinic – By invitation from Health Visiting Team, please call 020 3988 7300 for more information	10:00am to 12:30pm
Stay & Play (1-4 Years) To book please call 020 8106 9996	11:00am to 12:15pm
2-Year-Old Reviews - By Invitation from Health Visiting Team, please call 020 3988 7300 for more information.	12:30pm to 3:30pm
6/8 Week Reviews - By Invitation from Midwifery Team	1:00pm to 3:30pm
Stay & Play (1-4 Years) To book please call 020 8106 9996	1:45pm to 3:00pm
Wednesday	
Enfield Talking Therapies– By Appointment only, please call 07392 192740	9:00am to 12:00pm
Stay & Play (1-4 Years) To book please call 020 8106 9996	9:15am to 10:30am
Stay & Play (1-4 Years) To book please call 020 8106 9996	11:00am to 12:15pm
Stay & Play (1-4 Years) To book please call 020 8106 9996 (No session on 25th November 2026)	1:45pm to 3:00pm
Neurodiversity Eating Support Clinic – 25Th November 2026 - By Invitation from Neurodiversity Enfield	1:30pm – 3:30pm
Thursday	
Breastfeeding Support—By Appointment, please email rf-tr.bftrferrals@nhs.net	9:00am to 12:00pm
Antenatal Checks - By Invitation from Midwifery Team	9:00am to 3:00pm
Stay & Play (1-4 Years) To book please call 020 8106 9996	9:15am to 10:30am
Stay & Play (1-4 Years) To book please call 020 8106 9996	11:00am to 12:15pm
2-Year-Old Reviews - By Invitation from Health Visiting Team, please call 020 3988 7300 for more information.	12:30 to 3:30pm
Baby Group (0-1 Years) To book please call 020 8106 9996	2:00pm to 3:15pm
Friday	
1-Year-Old Reviews - By Invitation from Health Visiting Team, please call 020 3988 7300 for more information.	9:00am to 12:00pm
2-Year-Old Reviews - By Invitation from Health Visiting Team, please call 020 3988 7300 for more	9:00am to 12:00pm
Healthy Child Clinic– Drop In	9:30am to 11:30am