

Do you know someone affected by hoarding or self neglect?

Do you know someone who might need some extra support, even if they aren't ready to ask for it?

What is self neglect?

Self neglect is when a person struggles with their own basic care and support needs, such as:

- personal hygiene
- appropriate clothing
- feeding
- taking care of their health
- any medical conditions they may have.

What could happen?

- Unexpected or unexplained deterioration in health
- Living in hazardous conditions with rodent or insect infestation
- Forgetting to take medication
- Refusing care or help when needed
- Not being able to safely leave or get around their home

High levels of clutter increase the risk of fire starting and spreading, increasing the risk of injury or death.

Who can help?

The London Borough of Enfield can assess and provide extra support in a number of different ways – they can also put together a plan to keep people safe (under Safeguarding Adults processes) where people are at risk.

In an emergency, always call emergency services.

Where homes are very cluttered, there is often a risk of fire. On the next page you can find out how to ask the London Fire Brigade for a free Home Fire Safety Visit.

Enfield Council has developed a webpage with information and support for if you are worried about hoarding or self-neglect - use your phone to click below or check the Council website.



www.mylife.enfield.gov.uk/information-and-advice/safeguarding-adults

Useful Contacts (London Borough of Enfield)

Enfield Adult Social Care

 020 8379 1001

 **adultsocialcare@enfield.gov.uk**

 <https://mylife.enfield.gov.uk>

Enfield Adult Safeguarding

 **020 8379 1000 / 020 8379 3196**

 themashteam@enfield.gov.uk

mylife.enfield.gov.uk/information-and-advice/safeguarding-adults

Enfield Council Housing

 020 8379 1000

 www.enfield.gov.uk/services/housing

London Fire Brigade (Home Fire Safety Visit)

 0800 028 4428

www.london-fire.gov.uk/safety/the-home/home-fire-safety/home-fire-safety-checker-hfsc

Hoarding UK (Advice & Advocacy)

 **020 3239 1600**

 www.hoardinguk.org

Age UK Enfield

 020 8375 4120

 www.ageuk.org.uk/enfield

Mind in Enfield

 020 8367 092

 www.mindeb.org.uk

