

# Welcome to the Eldon Family Hub

All families need support from time to time to help their babies and children thrive, whether that's from friends, family, volunteers, or professionals.

Eldon Family Hub brings together lots of different services for children and families, making it easier for families to get the help they need at the right time. We offer help and support for families, from pregnancy up to age 5.

Our Family Hubs provide support for any family and children living in Enfield who needs them. Our doors are open to everyone, ensuring that families get the help and support they need.



## Who can I see / speak to & find out more / ask for help?

There is a Family Navigator at the hub to support families to access information, advice, and services.

To find out more:

Call: 020 8106 9996, Monday to Friday 8:00am—4:00pm

Email: [familyhubenquiries@enfield.gov.uk](mailto:familyhubenquiries@enfield.gov.uk)

The hub schedule provides support for parents and carers through pregnancy and up until their child is 2 years old, and opportunities for families with children under 5, to learn, develop and have fun.

Please see page 2, for the latest Eldon Family Hub activity schedule.

## Where to find us:

Eldon Family Hub: St Peter's Road, Edmonton, N9 8JP

Public transport links:

- Edmonton Green Station – 15-minute walk
- Buses – A wide range of bus routes within walking distance.



Use the QR code to remain up to date with the latest activities.

Please note that sessions may be subject to change. Stay and play sessions take place both indoors and outdoors, all sessions are free for families with children under five. Mobile phones must not be used anywhere on site. Prams and buggies must be left in the designated buggy parks provided at all locations.

Monday	
Antenatal Checks - By Invitation from Midwifery Team	9:00am to 12:00pm
Stay and Play ( 1-4 Years) To book please call 020 8106 9996	10:00am to 11:30am
Perinatal - By Invitation	10:00am to 2:00pm
Healthy Child Clinic– Drop In	1:15pm to 3.15pm
2 Year Old Reviews - By Invitation from Health Visiting Team, please call 020 3988 7300 for more information.	1:00pm to 3:30pm
Tuesday	
Speech and Language (2nd Monthly) By Invitation from Speech and Language Team, please call 020 4553 7784 for more information.	9:00am to 12:00pm
Stay and Play ( 1-4 Years) To book please call 020 8106 9996	9:15am to 10:30am
Stay and Play ( 1-4 Years) To book please call 020 8106 9996	11:00am to 12:15pm
Baby Group ( 0-1 Years) To book please call 020 8106 9996	2:00pm to 3:15pm
Wednesday	
Antenatal Checks - By Invitation from Midwifery Team	9:00am to 3:00pm
Access and Advice (3rd Monthly) - By Invitation from Speech and Language Team	9:00am to 12:00pm
Stay and Play ( 1-4 Years) To book please call 020 8106 9996	9:15am to 10:30am
Stay and Play ( 1-4 Years) To book please call 020 8106 9996	11:00am to 12:15pm
Stay and Play ( 1-4 Years) To book please call 020 8106 9996	2:00pm to 3:15pm
Thursday	
2 Year Old Reviews - By Invitation from Health Visiting Team, please call 020 3988 7300 for more information.	9:00am to 3:00pm
Let's Play: Speech and Language - By Invitation from Speech and Language Team	9:30am to 10:30am
Let's Play: Speech and Language - By Invitation from Speech and Language Team	11:00 am to 12:00pm
Parents and Carer Panel (Every 6 weeks) — By Appointment Only	12:30 to 3:00pm
Baby Group ( 0-1 Years) To book please call 020 8106 9996	2:00pm to 3:15pm
Friday	
Access and Advice (3rd Monthly) - By Invitation from Speech and Language Team	9:00am to 12:00pm
Stay and Play ( 1-4 Years) To book please call 020 8106 9996	9:15am to 10:30am
Stay and Play ( 1-4 Years) To book please call 020 8106 9996	11:00am to 12:15pm