

Welcome to the Craig Park Youth & Family Hub

All families need support from time to time to help their babies and children thrive, whether that's from friends, family, volunteers, or professionals.

Craig Park Youth & Family Hub brings together lots of different services for children and families, making it easier for families to get the help they need at the right time. We offer help and support for families, from pregnancy up until age 19, or 25 for young people with special educational needs and disabilities.

Our Youth and Family Hubs provide support for any family, child or young person living in Enfield who needs them. Our doors are open to everyone, ensuring that families get the help and support they need.



HELPING CHILDREN, YOUNG
PEOPLE AND FAMILIES THRIVE

**Who can I see /
speak to & find
out more / ask
for help?**

There is a Family Navigator at the hub to support families to access information, advice, and services.

To find out more:

Call: 020 8379 2002

Email:

craigparkfamilyhub@enfield.gov.uk

The hub schedule provides support for parents and carers through pregnancy and up until their child is 2 years old, and opportunities for families with children under 5, to learn, develop and have fun.



Where to find us:

Please see page 2, for the latest Craig Park Youth & Family Hub activity

Craig Park Youth & Family Hub: 2 Lawrence Road, N18 2HN
what3words ///pouch.tinsel.famed

Public transport links:

- **Edmonton Green Bus / Rail Station** – buses towards the North Circular Road get off at Brettenham Road then a 10-minute walk
- **Silver Street Rail Station** – 15-minute walk
- **Montagu Road** via Montague Crescent & Brettenham Road – 10-minute walk



Use the QR code to remain up to date with the latest activities

Monday	
Baby Health & Development Reviews: Health Visitors	9.00am to 4.00pm
BCG Vaccination for Babies	9.00am to 4.00pm
Antenatal Information Group (every 1st Monday of the month)	9.30am to 11.00am
Family Support (drop in)	9.30am to 3.00pm
Neurodiversity Enfield—Coffee Morning	10.00am to 1.00pm
Circle of Security: (13th Oct to 8th Dec 2025)	12:30pm to 2:30pm
Tuesday	
Baby Health & Development Reviews: Health Visitors	9.00am to 1.00pm
Community Midwives - Antenatal/Postnatal Care	9.00am to 4.00pm
ABC Parents: First Aid for Parents / Carers (appointments)	9.30am to 2.30pm
Family Support (drop-in)	9.30am to 3.00pm
School Readiness drop-in (advice on Toileting, Self helps skills etc) 3rd Tuesday of the month	10.00am to 11.30am
HENRY Fussy eating / Behaviour workshop (Invite only) 4th Tuesday of the Month	10.00am to 11.30am
HENRY Starting Solids: Workshop Tuesday 18th November 2025	1.00pm to 3.00pm.
MIND - Calm the Mind with Arts & Crafts (Drop-in) Fortnightly—starting 24th June	10.30am to 12 noon
First Time Parent Group (14th October – 11th November 2025)	1.45pm to 3.00pm
Baby Group 0—1 year Stay and Play for parents and babies To book call 020 8106 9996	2.15pm to 3.30pm
Talking Therapies (IAPT) (Face to Face appointments 9am –2pm / Drop-in sessions 2pm—3pm)	9.00am to 3.00pm
Wednesday	
Health Visitor 1-2-1 (Appointments)	8.30am to 4.30pm
Baby Bonding 1-2-1 sessions	9.00am to 4.00pm
Baby Friendly Initiative (BFI) Training	9.00am to 3.00pm
Breast Pump Loan Scheme Advisory Sessions	9.00am to 4.00pm
Perinatal Pelvic Health	9.00am to 4.00pm
Well Child Clinic: Health Visitors (Drop-in)	9.30am to 11.30am
Speech and Language Therapy (Drop-in)	9.30am to 11.30am
Breastfeeding Network	9.30am to 11.30am
Family Support (drop in)	9.30am to 3.00pm
Enfield NAS - Parent/Carer Coffee Mornings 5th November 2025	10.00am to 11.30am
Neurodiversity Enfield - Post Diagnosis coffee morning 12th November 2025	12.30pm to 2.00pm
Baby Health & Development Reviews: Health Visitors	1.00pm to 4.00pm
6-8 weeks check: Health Visitors (appointments)	1.00pm to 4.00pm
Thursday	
Antenatal & Postnatal Health Checks: Community Midwifery Team (appointments)	8.30am to 3.00pm
Domestic Abuse Support & Advice: Solace (drop-in) - alt Thursdays will be at Ponders End	9.00am to 2.00pm
6-8 weeks check: Health Visitors (appointments)	9.00am to 4.00pm
Perinatal Mental Health Support (appointments)	9.00am to 4.00pm
Baby Bonding Drop-in Clinic AM / 1-2-1 Sessions PM	9.00am to 4.00pm
1-to-2-year-old reviews: Health Visitor Service (appointments)	9.00am to 4.00pm
ABC Parents: First Aid for parents / carers (appointments)	9.30am to 2.30pm
Family Support (drop in)	9.30am to 3.00pm
Employment & Welfare Benefit Advice & Support (drop-ins)	10.00am to 1.00pm
Neurodiversity Enfield - Pre-diagnosis Coffee Morning 13th November 2025	12.30pm to 2.00pm
Health Visitor follow ups (appointments)	1.00pm to 4.00pm
Friday	
Antenatal (am) & Postnatal Health Checks (pm): Community Midwifery Team (appointments)	8.30am to 3.00pm
Stay and Play 1 – 4 year olds (babies in arms welcome) To book please call 020 8106 9996	9.15am to 10.30am
Family Support (drop in)	9.30am to 12.00pm
Mind Perinatal Wellbeing Workshops To book : https://forms.office.com/e/LnVvz4nV8z	10.00am to 11.30am
Our Voice Drop-in sessions (Friday 12th September 10th October and 14th November 2025)	10.00am – 12.15pm
Stay and Play 1 – 4 year olds (babies in arms welcome) To book please call 020 8106 9996	11.00am to 12.15pm