Welcome to the De Bohun Family Hub

All families need support from time to time to help their babies and children thrive, whether that's from friends, family, volunteers, or professionals.

De Bohun Family Hub brings together lots of different services for children and families, making it easier for families to get the help they need at the right time. We offer help and support for families, from pregnancy up until age 5.

Our Family Hubs provide support for any family, child or young person living in Enfield who needs them. Our doors are open to everyone, ensuring that families get the help and support they need.

FAMILY HUB
HELPING CHILDREN, YOUNG PEOPLE AND FAMILIES THRIVE

Who can I see / speak to & find out more / ask for help?	There is a Family Navigator at the hub to support families to access information, advice, and services. To find out more: Call: 020 8106 9996, Monday to Friday 8:30am—4:00pm Email: familyhubenquiries@enfield.gov.uk The hub schedule provides support for parents and carers through pregnancy and up until their child is 2 years old, and opportunities for families with children under 5, to learn, develop and have fun. Please see page 2, for the latest De Bohun Family Hub activity schedule for Oct 2026
Where to find us:	De Bohun Family Hub: Green Road, Southgate, N14 4AD *De Bohun Primary School is part of the Enfield School Streets initiative. Please be advised that if you drive outside the school between 8.15-9.15am & 2.45-3.45am, you will incur a fine. If you need further information, please email healthystreets@enfield.gov.uk* Public transport links: • Oakwood Station – 15-minute walk • Buses – A wide range of bus routes within walking distance.

Use the QR code to remain up to date with the latest activities.

Please note that sessions may be subject to change. Stay and play sessions take place both indoors and outdoors, all sessions are free for families with children under five. Mobile phones must not be used anywhere on site. Prams and buggies must be left in the designated buggy parks provided at all locations.

ENFIELD Council

Monday	
Let's Play: Speech and Language - **By Invitation from Speech and Language Team**	9:30am to 10:30am TERMTIME
Let's Play: Speech and Language - **By Invitation from Speech and Language Team**	11:00am to 12:00pm TERMTIME
First Time Parents Group – 5 week program currently running from 19th October to 23 November **CALL TO BOOK 020 8106 9996**	1.45pm-3.00pm
Pregnancy Bonding Workshop - Monday 2nd November **CALL TO BOOK 020 8106 9996**	1.45pm-3.00pm
Tuesday	
Stay and Play (1-4 Years) **To book please call 020 8106 9996**	9:15am to 10:30am
Stay and Play (1-4 Years) **To book please call 020 8106 9996**	11:00am to 12:15pm
Baby Group (0-1 Years) **To book please call 020 8106 9996**	2:00pm to 3:15pm
Wednesday	
School Readiness (1st Monthly) **- Drop in run by Health Visiting Team, please call 020 3988 7300 for more information**	10:00am to 11:00am
Therapy & Play with NEST (2nd monthly) - **By Invitation only from Neurodiversity Enfield Support Team (term time only)**	10.00am -11.15am
Antenatal Group (3rd Monthly) - **By Invitation only from Midwifery Team**	10:00am to 11:30am
Thursday	
2-Year-Old Reviews-**By Invitation only from Health Visiting Team, please call 020 3988 7300**	9:30am to 12:00pm
Speech and Language (1st Monthly) - **By Invitation only from Speech and Language Team, please call 020 4553 7784 for more information**	9:30am to 12:00pm
Toilet Training Workshop (2nd Monthly) **DROP-IN** - **run by Health Visiting Team, please call 020 3988 7300 for more information**	10:0am to 11:00am
Friday	
Stay and Play (1-4 Years) - **To book please call 020 8106 9996**	9:15am to 10:30am
Stay and Play (1-4 Years)- **To book please call 020 8106 9996**	11:00am to 12:15pm