

Preparing for Adulthood

Transition of young people aged 14+ with SEND

Parent Information Booklet

2026/2027



Contents

Preparing for Adulthood	I
Transition of young people aged I4+ with SEND	I
Parent Information Booklet	I
2026/2027	I
Enfield's Local Offer for SEND	3
MyLife Enfield	4
Introduction to Preparing for Adulthood (PfA)	5
Transition to Adult Social Care	7
Preparing for Adulthood - Transition events calendar	17
Transition Check List	21
Support & Advice for Transition	23
Voluntary and Community Sector Organisations	25
Advocacy and inclusion	30
Information, advice, digital inclusion and assistive technology	30
Glossary	31

Apart from this booklet, one of the best ways to find out information is by looking at the Local Offer and MyLife web pages.

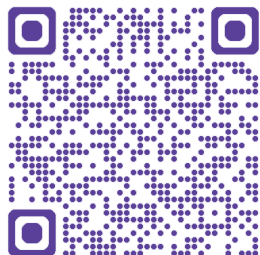
Enfield's Local Offer for SEND

Enfield's Local Offer provides help and support to families and children and young people with special educational needs and disabilities. It provides information on a wide range of services and support such as how school should support children and young people with SEND, criteria and eligibility for Short Breaks, activities and things to do, organisations that provide support.

There are specific pages relating to [Preparing for Adulthood](#) for those aged I4 – 25 years.



SCAN ME



MyLife Enfield

MyLife is Enfield's Health and Adult Social Care [website](#).

It provides information and advice on improving your physical, mental or emotional wellbeing to living as independently as possible in your own home and much more.

The information is provided in "easy read" format to help make the information accessible to people with the learning disability.



Introduction to Preparing for Adulthood (PfA)

It is important to remember that Transition from Childhood to Adulthood is different for every young person. Pathways are personalised to meet the outcomes that young people want, as well as to meet their needs. The voice of the young person is at the centre of everything we do.

Some young people will want to attend college and move towards employment. This is led by SEN services and Education Services who will be able to provide information about pathways for young people who are not eligible for Adult Social Care.

Some young people will need on-going support as they transition into adulthood. They may need support in the community whilst they continue to learn and acquire life skills, look at potential employment or volunteering options and activities in the community.

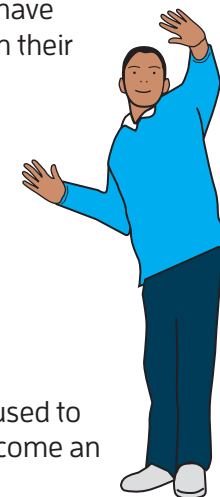
They will need to be assessed under the Care Act. In Enfield we call this a "Preparing for Adulthood Assessment". The assessment will determine if the young person is eligible for support and services. It is led by Social Care. Details of the process and support available follow in this booklet and can be found on the [Local Offer](#) or [MyLife](#).

Some young people will continue with their education but also have a PfA assessment as they will need support when they are not in their education setting.

All young people should be working towards the Preparing for Adulthood outcomes which are:

- Employment
- Independent living
- Community Inclusion
- Health

There is an "easy read" booklet for young people which can be used to help them think about what they would like to do when they become an adult. It can be found on the Local Offer.





Transition from childhood to adulthood

Preparing for Adulthood

Transition Event & Market Place

Everything you ever wanted to know about transition and more..

This event is for parents/carers and young people.
It aims to bring together all the support and services
that are available to young people **post 18**.



THURSDAY
5TH
NOVEMBER
2026



09:45 – 2:00
(REGISTRATION
FROM 09:45)



**SOUTHBURY
LEISURE CENTRE**
192 Southbury Road,
Enfield, EN1 1PY



PARENTS, CARERS
AND YOUNG
PEOPLE
WELCOME!

What to expect

-  **Listen to presentations**
and understand the transition process.
-  **Hear from young people**
about their experiences
and how they spend their day.
-  **Visit the market place**
and speak to providers from
colleges, day services, leisure,
voluntary & community sector,
internships, benefits, Adult
Social Care and much more.

SCHEDULE

09:45 – 10:00	Registration and coffee
10:00 – 10:05	Welcome & introduction
10:05 – 10:20	The education pathway
10:20 – 10:50	The transition process, eligibility and support planning
10:50 – 11:45	The Voice of Young People – how I spend my day
11:45 – 13:45	Browse the market place and speak to providers



**FREE
EVENT**



**DROP IN
NO NEED
TO BOOK**



**REFRESHMENTS
AVAILABLE**



**SUPPORT
& ADVICE**


www.enfield.gov.uk

No need to book, just come along and
find out what support there is for young people post 18.



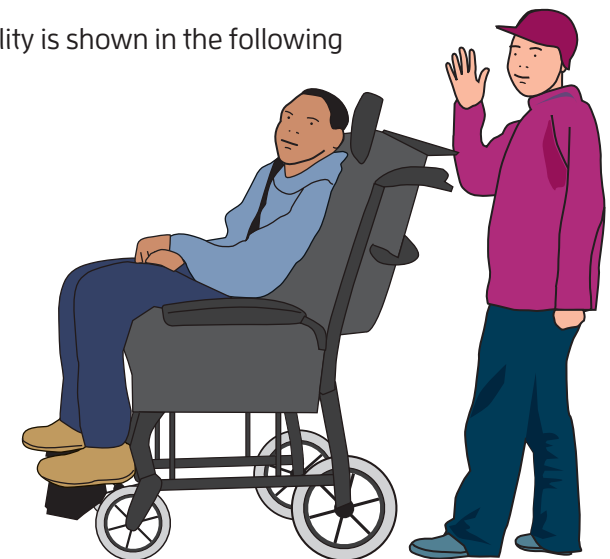
Transition to Adult Social Care

If a young person is going to need more support once they become an adult at 18 they will be referred (usually by their school) to Adult Health and Social Care at the age of 16. They will ask for your and your young person's consent for this referral and an Early Notification Form will be completed. This will start the process of the Preparing for Adulthood.

An assessment will be carried out by Adult Health & Social Care at around the age of 17.5 years to determine if they are [eligible under the Care Act \(PDF\)](#) for support and services as an adult. If they are eligible you will be supported to develop a Care and Support Plan which will look at the outcomes they want in their lives and the providers/services that can help them to achieve their outcomes. Although the formal process starts at 16 we encourage young people and their parents/carers to start thinking about adulthood from age 14, we call this "Early Transition". This gives young people and their families plenty of time to find out about what might be available to them. There is a helpful [easy read document](#) on the Local Offer that may help you to speak to your young person about what they want to do.

Your young person's school can provide support and help and there is information available on the Local Offer.

The process for assessing eligibility is shown in the following flowchart and the table explains the process of transitioning to adulthood. At each stage of the process there are recommendations about the events and support that will help you.

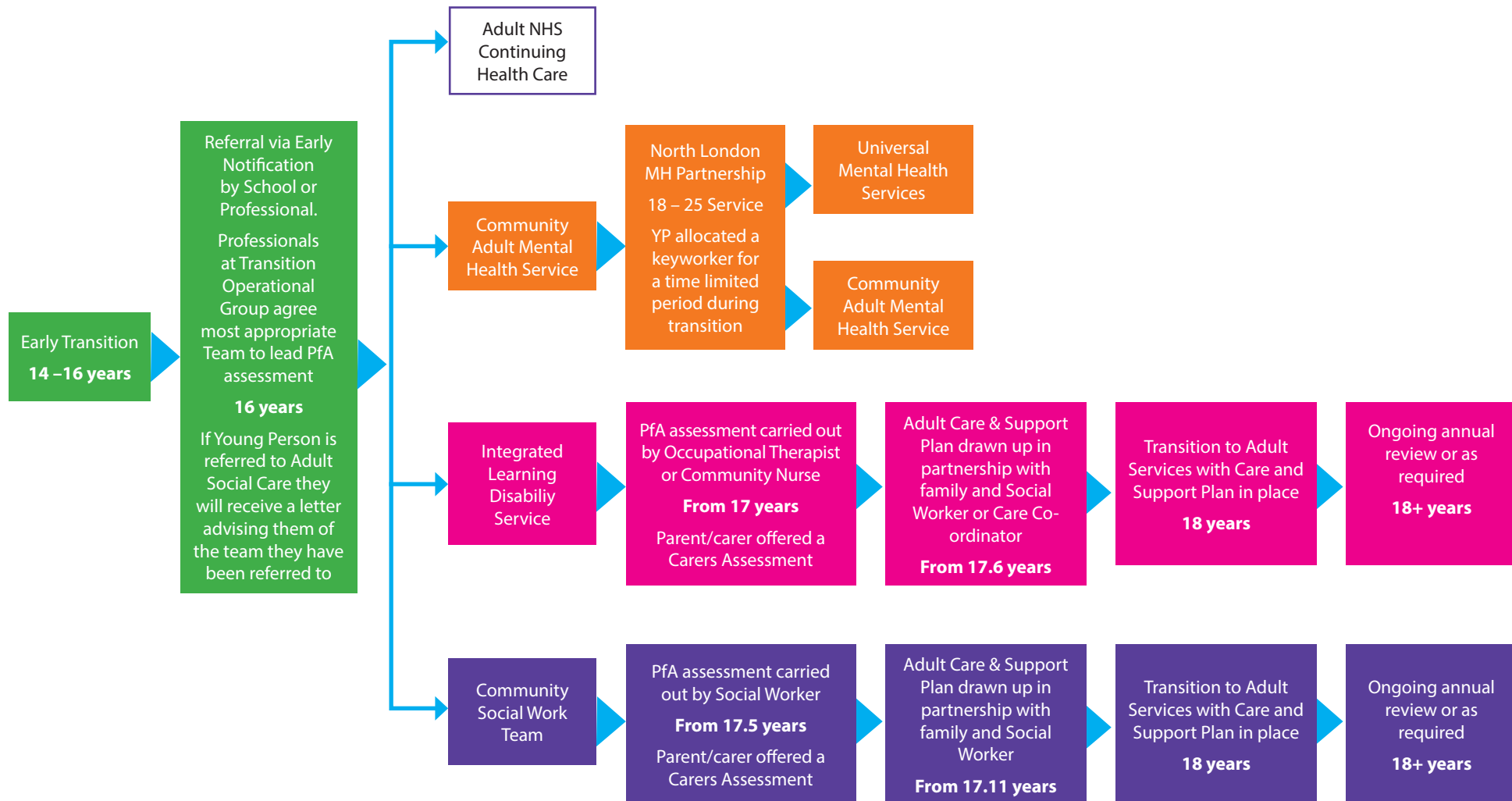


Enfield Preparing for Adulthood (PfA)

Process for young people with SEND transitioning from Children's Services to Adult Health & Social Care



Duty of Care remains with Children's Services until young person is transferred to Adult Social Care if they meet eligible needs under the Care Act 2014



A series of events are held throughout the year to support the different stages of transition. Details can be found on the [Local Offer](#).

This table details the timeline for transition to Adult Services. The "events and information to support" column shows what support is available for you at this particular point of the transition process.

DETAILED TRANSITION PROCESS FOR YOUNG PEOPLE REFERRED TO ADULT SOCIAL CARE			
STAGE	AGE	PROCESS/TOP TIPS	EVENTS and/or INFORMATION TO SUPPORT
EARLY TRANSITION	14 – 16 years	- Parents and young person should attend the EHCP annual reviews arranged by the school and consider if the young person wishes to continue their education. - Preparing for Adulthood outcomes should be included in the EHCP. - There is a Preparing for Adulthood Booklet for young people available as an easy read version. - The school has a duty to ensure you receive Careers Advice. - Find out about the Mental Capacity Act and how it will affect the decisions that you and your young person will make post 16.	- Year 9 EHCP Annual Review held by the school - Transition Coffee Morning at the school during the Autumn Term – ask your school for the date - Decision Making and Me event for parents to explain the Mental Capacity Act.- see page 17. - Further information can be found on the Local Offer.
REFER (EARLY NOTIFICATION)	16 years	- If the young person is going to require on-going support from Adult Social Care (ASC) when they reach 18 years of age, parental and young person consent is sought by a professional, usually the SENCo at your child's school, to complete an Early Notification Form and make a referral to ASC. - ASC agree which is the best team to support and meet the needs of the young person in adulthood. You will be referred to one of the following Teams: - Integrated Learning Disability Team (ASC) - Community Social Work Team (physical and sensory needs) (ASC) - Adult Mental Health Services - Adult Continuing Health Care - Parents allocated to ASC will receive a letter advising them of the team they have been allocated to.	- Transition Coffee Morning at the school during the Autumn Term – ask your school for the date - Look at the Local Offer and the PfA Booklet for advice and information. - Attend the Transition Events – see page 17. - The Monthly Transition Drop-in can offer individual support if required – see page 22.

DETAILED TRANSITION PROCESS FOR YOUNG PEOPLE REFERRED TO ADULT SOCIAL CARE

STAGE	AGE	PROCESS/TOP TIPS	EVENTS and/or INFORMATION TO SUPPORT
PREPARING FOR ADULTHOOD ASSESSMENT	From 17 years	- A professional from your allocated ASC team will make contact with the family to start the Preparing for Adulthood Assessment - The assessment can take 3 – 6 months and will include completing some forms and a number of meetings with you and your young person. - Parents may want to attend Preparing for Adulthood events for more information. - Parents/carers will be offered a Carers Assessment as part of the assessment. See below.	All the transition events are useful to attend whilst you are having the assessment so you know what to expect and consider during the assessment. Details of events can also be found on page 22. The Monthly Transition Drop-in can offer individual support if required – see page 22.
CARERS ASSESSMENT - COMBINED	n/a	- The carers needs will be assessed as part of the Preparing for Adulthood assessment. This is known as a combined assessment. - This combined assessment looks at the impact of the carer's role, considers what support might be needed to meet both the individual service user and the carers needs. - These combined needs are identified in the Service User's assessment and support plan. - This can include for example respite, equipment and additional support. - The assessment will be carried out by the professional who is working with you to complete the Preparing for Adulthood assessment. This could be an occupational therapist, community nurse, social worker or other health and social care professional.	- More information can be found on MyLife. - Monthly Transition Drop-in can offer individual support – see page 22.

DETAILED TRANSITION PROCESS FOR YOUNG PEOPLE REFERRED TO ADULT SOCIAL CARE

STAGE	AGE	PROCESS/TOP TIPS	EVENTS and/or INFORMATION TO SUPPORT
CARERS ASSESSMENT - INDEPENDENT	n/a	- A Carers Assessment is independent of the Service User's assessment. - This assessment is about you as a carer. - The carer would have their own carer's assessment and their own support plan. - If carers would like to have their own assessment this will be carried out by Enfield Carers Centre - More information can be found on MyLife.	Contact Enfield Carers Centre
TRANSITION TO ADULT SOCIAL CARE	18 years	- Adult Care and Support Plan and funding in place from 18 years. - If for any reason there is a delay in implementing the Care and Support Plan, there is an agreement with Children's Services that they will continue to fund any existing provision until the Adult Care and Support Plan provision is in place.	- Monthly Transition Drop-in can offer individual support – see page 22. MyLife – Enfield's Health and Adult Social Care website - Enfield's local offer for SEND Enfield Council
ON-GOING ANNUAL REVIEW OF ADULT SOCIAL CARE – CARE AND SUPPORT PLAN	18+	- On-going annual review to ensure that the Care and Support Plan continues to meet the needs of the young person. - If the young person is still in education and has an EHCP we will attend the EHCP review where possible.	If at any point the provision in the plan is not meeting the needs of your young person, you can request a review outside of the annual review. Please contact the Duty Social Worker on 020 8379 5075 or email learning.disabilities@enfield.gov.uk

If at any point you are unsure about the process, have questions or you think something that should have happened hasn't, please get in touch. The sooner we know about any issues, the sooner we can resolve them.

Team	Tel	Email
Integrated Learning Disability Service	020 8379 5039	learning.disabilities@enfield.gov.uk
Integrated Locality Teams (for physical and sensory impairment)	020 8379 1000	adultsocialcare@enfield.gov.uk
Joint Service for Disabled Children	020 8343 4047	cheviots@enfield.gov.uk



Preparing for Adulthood - Transition events calendar

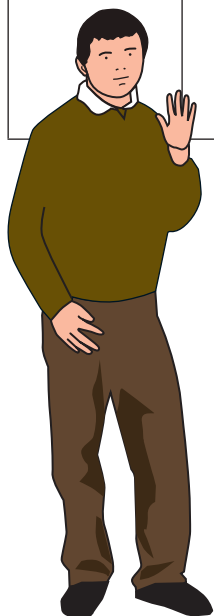
Date	Time	Event	Venue
Thursday 21 st January 2027	10.30am – 12.30pm	Decision Making and Me The Mental Capacity Act 2005 is for anyone 16 years old or over. It says that people can make decisions about things that affect their lives. This event will help you to understand how it applies to you and your young person, and how you will both be supported to make decisions. You will learn: • How the Mental Capacity Act 2005 applies to young people aged 16 – 18 years and 18+ • Deputyships and Appointeeships • How, and who is able to make decisions for those young people lacking mental capacity. • The principles of mental capacity assessments • What is meant by the term "best interest" meeting/ decision? • When are best interest decisions made? • Can parents continue to make decisions?	Integrated Learning Disability Service Carnegie Building 258a Hertford Road Enfield EN3 5BN

Date	Time	Event	Venue
Tuesday 23 rd February 2027	10.30am – 12.30pm	Day Services This event will help you to understand: • What are Day Services, including those with more complex needs? • How you access and pay for them? • Where do you find out about the different providers and their programme of activities? • How attending a Day Service benefits young people?	Disability Resource Centre 311 Fore Street Edmonton N9 0PZ
Wednesday 24 th March 2027	10.00am – 12.30pm	Support Planning & Personal Budgets This event provides you with the opportunity to see what a Care and Support Plan looks like in practice. You will discover how you and your young person will be supported to build the right support package to meet their needs. The event will touch on the following topics but at the time you are developing the plan you will be given detailed information. This just an overview to help you understand the process. • Personal budgets and how they can be used to fund the care required by your young person • The Adult Social Care Charging Policy • Assessed contributions and how they are calculated • Disability related expenditure	Integrated Learning Disability Service Carnegie Building 258a Hertford Road Enfield EN3 5BN

Date	Time	Event	Venue
Friday 30 th April 2027	10.30am – 12.30pm	Wills & Trusts Parents often worry about what will happen when they are no longer here to care for their loved ones. This event provides you with general information on the topic of Wills, Trusts and Lasting Power of Attorney. Also, you will be given information about: • What are the different types of Wills and which is best for you • Probate and choosing your Executors wisely • Ensuring Lasting Power of Attorney documents are in place and fully understood • Dealing with vulnerable beneficiaries	Integrated Learning Disability Service Carnegie Building 258a Hertford Road Enfield EN3 5BN



Date	Time	Event	Venue
Thursday 27 th May 2027	10.30am -12.30pm	Understanding Welfare Benefits & Council Tax Discounts This session aims to help you understand the welfare benefit system and eligibility for Council Tax discounts. Things that will be covered include: • How benefits might change for you and your young person when they turn 18 • How to be an appointee • The change at 16 years from DLA to PIP and what's the difference • Understanding Universal Credit and how to check you are receiving what you are entitled to • Tips about bank accounts and savings • Understand eligibility for Council Tax discounts	Integrated Learning Disability Service Carnegie Building 258a Hertford Road Enfield EN3 5BN



Transition Check List

All this information, and more, can be found on the [Local Offer](#) and [MyLife](#)

If your young person attends a Special School ask when the next Transition Coffee morning is happening and attend if you can - they are usually in the Autumn Term

Look at the Preparing for Adulthood (PfA) information on the Local Offer so you understand the transition process, what happens and when. You can download the PfA Information Booklet

Make sure you and your Young Person attend the EHCP reviews from Year 9 onwards and include the Preparing for Adulthood outcomes

If your young person has a learning disability and/or autism make sure they are on your GP Learning Disability/Autism Register and they are invited for their annual health check

Attend as many Preparing for Adulthood events as you can, and as many times as you want.

If you have specific questions or concerns book an appointment for a Transition drop in

If your young person wants to go to college look at the local colleges and find out about the courses they have for Young People with SEND. Look at the Local Offer so you understand the process.

If your Young Person would like to get a job find out about a supported internship

Make sure your Young Person is travel trained, if appropriate, so they can travel independently

Find out about Day Services and how they can support your young person

Make sure you have completed a Hospital Passport. You can find this on the Local Offer

If you need more support look at the Local Offer for a list of organisations that support with transition

PREPARING FOR ADULthood - TRANSITION DROP INS

Enfield Integrated Learning Disability Service are committed to helping all parents and carers of young people with Learning Disabilities to have a smooth '**Transition**' to adulthood



Our Enfield Council Local Offer website has lots of information, and details of face to face and online sessions throughout the year.



We are also offering a monthly 'Drop in' where carers of young people 16 and over can come and ask about transition.



PREPARING FOR ADULthood

Transition from childhood to adulthood

You will be able to talk to –



Jane Richards

from Families in Transition to Adulthood (FTA)



Charlene Thomas –

Head of Service, Assessment and Care Management, Integrated Learning Disabilities Service or a member of the ILDS management team.



Sessions will be held on the **1st Friday** of the month from **10-12pm**.



BOOKING ARRANGEMENTS

- Parents/carers must book a drop-in session in advance.
- Bookings should be made by contacting:
Jane Richards (Families in Transition to Adulthood – FTA)
- ☎ **07816 070098.**
- Booking deadline: **Midday on the day before** the scheduled session

PREPARING FOR ADULthood TRANSITION DROP INS DATES.

Friday 2 October 2026	Waverley School 105 The Ride, Enfield EN3 7DL
Friday 6 November 2026	Durants School High Street Southgate N14 6BN
Friday 4 December 2026	West Lea School Horizon Campus 219-211 High street Pondersend En3 4DX
Friday 8 January 2027	Waverley School
Friday 5 February 2027	Durants School
Friday 5 March 2027	West Lea School
Friday 16 April 2027 (this is later due to the Easter holidays)	Waverley School
Friday 7 May 2027	Durants School
Friday 4 June 2027	West Lea School
Friday 2 July 2027	Enfield Highway Carnegie Building, 258A Hertford Road, Enfield, EN3 5BN

Support & Advice for Transition

Independent Living

As parents we may think that our young people will always be with us. The reality is young people grow up and want to leave home. There are a range of independent living options available where young people can be supported in their own accommodation so they can live an ordinary life. The amount of support may vary depending on the young person's level of need. This could range from a few hours a week to full time personal care and support. This will be discussed with your young person as part of their PfA assessment. If it is not the right thing now, it can always be revisited later.

More information can be found on MyLife and in this [easy ready booklet](#) about Housing Options.

Keeping Healthy

When a young person becomes 18, the first port of call for any non-emergency medical issues should be via their GP. They will be able to diagnose and treat any immediate health issues or refer to the relevant specialist or service. You should also check if they are still entitled to [free prescriptions](#), [dental care](#) and [eye examinations](#). If your young person has been under the care of a paediatric specialist, such as Great Ormond Street Hospital, they will support you and your young person to transition to the relevant adult health service. For those eligible for Adult Social Care from ILDS they will be able to access the support of the ILDS Community Nursing Team.

Annual Health Check

People with a learning disability often have poorer physical and mental health than other people. An annual health check can improve people's health by spotting problems earlier and helps to improve confidence about visiting a doctor.

Make sure you're registered at your GP practice as having a learning disability/autism, then you should be invited yearly to have a health check.

To find out more about the annual health check visit the [Local Offer](#) or MyLife.

Importantly, if your child has not been invited to have their annual health check and they are 14 or over, contact your GP to discuss this further.

Acute Liaison Nurses

Most hospitals have an [Acute Liaison Nurse](#), who can work with staff to help them understand the needs of your child. They can also advise what reasonable adjustments are needed to make your child's hospital stay/appointment as comfortable as possible.

Hospital Passport

[Hospital Passports](#) can be useful to complete and take with you to any hospital appointments or inpatient stays. They provide information about your young person so that the doctors and nurses can understand the needs of the young person, any medications they take and how to ensure that the treatment/stay is successful.

Council Tax Discounts

You may be eligible for a Council Tax discount or exemption. Further information can be found on the [Council's website](#).

Welfare advice and debt support

The Welfare and Debt Support Team provide support to vulnerable residents to help them maximise their income and get their full entitlement to welfare benefits. Further information can be found on the [Council's website](#).

Travel & Transport

You may want to find out about independent travel training and see if you are eligible for a Disabled Person's Freedom Pass. This is particularly important if your young person would like to consider employment in the future. More information can be found on the [Local Offer](#).

Voluntary and Community Sector Organisations

Families in Transition to Adulthood (FITTA)



FITTA was set up by a parent, Jane Richards, who has experienced transition first-hand with her son Marc.

Jane is passionate about getting transition right and helping other parents.

Jane works with the Local Authority giving the benefit of her experience. She works with us in an advisory capacity to help us to put together the programme of events provide the right information for parents/carers.

Jane is happy to talk to parents/carers about all aspects of transition providing her advice and guidance

Contact
10am and 3pm
Tel: 07816 070098

Our Voice

Making a Difference...



contact For families with disabled children

Our Voice sponsored by the Department of Education via Contact

Welcome to Our Voice

What we do:

Our Voice is a parent-led organisation. As the recognised Parent Carer forum for the London Borough of Enfield, we aim to support families with children and young people aged 0-25, who have Special Educational Need(s) and/or disabilities, to maximise their life choices. We do this by working closely with families in Enfield, our key partners in the voluntary sector, the Local Authority and local Health services, in the spirit of co-production.

We do this by:

- **Working with the Local Authority and Health to improve services:** We represent the views of parents and carers in discussions with local decision-making bodies and we aim to influence how policy and services for children and young people with SEN and disabilities are developed and implemented in Enfield. We also contribute to discussions on a regional and national level.
- **Networking:** we provide opportunities for parents and carers to get together to share knowledge, expertise, information and experience.
- **Making the local community more inclusive:** we work with the local authority, schools and health to influence on a strategic level the provision of services in a more inclusive way.
- **Helping families to have the confidence and skills that they want and need:** arranging information and training events to support families.

Contact us on **07516 662315**
email: info@ourvoiceenfield.org.uk
or visit: www.ourvoiceenfield.org.uk



We offer the following services:

- Support helpline for parents/carers to answer any queries you may have.
- Events and outings for families.
- Information and newsletters, including a detailed newsletter once or twice a year and a weekly news update (usually term-time only), plus useful information via our website and social media.
- Information and training workshop sessions for parents/carers and opportunities for parents/carers to talk directly to key individuals from the Local Authority and Health.

Please help us by:

- Coming along to Our Voice events.
- Giving us your views on any issues that affect you, for example by responding to Our Voice surveys.

If you would like to become more involved in supporting Our Voice as a volunteer helper, please contact us to discuss the opportunities available.

We are funded by the Department for Education via Contact and are part of the National Network of Parent Carer Forums.

Contact us:

Tel: **07516 662315**
e-mail: info@ourvoiceenfield.org.uk
visit: www.ourvoiceenfield.org.uk



Follow us on Social Media:

 www.facebook.com/ourvoiceenfield/
 [Twitter@EnfieldOurVoice](https://twitter.com/EnfieldOurVoice)
 www.instagram.com/ourvoiceenfield/



CAPE

Carers And Parents of adults with learning disabilities in Enfield

CAPE is a group of carers and parents (and relatives) of adults aged 18 years or over, with learning disabilities in Enfield. It is an independent group, run BY carers FOR carers.

We warmly welcome parents and carers of younger persons, aged 16 years or over, to join us so that they can be better informed and prepared for their move into Adult Social Care.

What does CAPE offer?

Support and friendship
Information and advice
Voicing carers' issues

CAPE is actively involved with Social Services, Community Services and other departments of the Local Authority, the NHS, and voluntary organisations.

It tries to keep abreast of everything that is happening (locally and nationally) in key areas of health, social care law, wellbeing, respite, housing, day services, care planning, social care charging, and benefits, for adults with learning disabilities.

The group meets four times a year (usually held on a Monday at 10.a.m. at Edenvale Care, London Road, Enfield, EN2 6DU) to hear and discuss the latest changes and issues in the field of learning disabilities. Guest speakers include borough officials, MPs, advisors, and other specialists – and the occasional social activity!

Carers of young people in transition to adulthood are very welcome to attend meetings, to learn about Adult Social Care provision, and other issues affecting those reaching the age of 18. Hopefully, we shall all benefit from our shared experiences.

Please become a member of CAPE. This is a time of changes within the field of learning disabilities and your involvement and views are important for the benefit of you and your loved ones, in the future.

Membership is FREE, so please join CAPE, via the 'How can I sign up' tab via the website
<https://londonwaitingroom.nhs.uk/enfield-cape> or using the QR code below:



Supporting Families, Empowering Neurodiversity



A supportive community for SEN families,
providing resources, events and wellbeing
to help you every step of the way.

Let's connect!



WEBSITE

www.senwithelena.co.uk



FACEBOOK

SEN WITH ELENA



INSTAGRAM

sen_with_elena



LINKEDIN

Elena Kyriacou



INSTAGRAM

sensational_wellbeing_events



EMAIL

info@senwithelena.co.uk



*You're not alone,
we're in this together.*



SUPPORT



UNDERSTANDING



INCLUSION



EMPOWERMENT



WELLBEING

Advocacy and inclusion

Local Enfield Advocacy Partnership (LEAP)

The Local Enfield Advocacy Partnership (LEAP) provides independent advocacy, enabling you to express your views, understand your rights, and participate in decisions [Lead partners](#) | [MyLife](#). The partnership provides one-to-one advocates as well as peer and group advocacy to make sure you are supported to be independent and have choice and control. The service is inclusive and works closely with Enfield's Adult Social Care Partnership Boards to ensure local residents' voices are heard in shaping local policy and services. The service empowers people to self-advocate and promotes equality, dignity, and social justice.

Information, advice, digital inclusion and assistive technology

DANE (Disability Advice Network Enfield)

Ensure people have access to the clear and personalised information and about key health, social care, and Voluntary Community Sector services [Lead partners](#) | [MyLife](#). This will enable people to make informed decisions about the services they receive to support their independence, health, and wellbeing.

Through DANE, residents with disabilities will have access to:

- Free, impartial information and advice on disability rights, services, and independent living
- Digital inclusion support, including 1:1 training and group sessions to build confidence with technology
- Assistive technology guidance, helping residents safely and confidently use devices that support daily life
- Community-Based Outreach – Local drop-ins at the 4 community hubs, Digital and wellbeing navigation services, and peer support to make help easy to find and access

The aim is to reach residents earlier, help prevent crisis, and support long-term independence, inclusion, and resilience.

Glossary

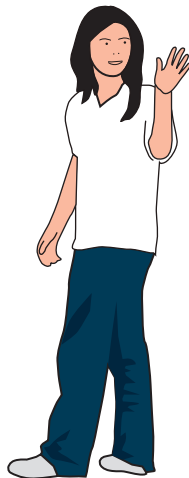
In this booklet, and during transition you may hear some words and terms that you are not familiar with. They are explained here.

Annual Health Check	It is important that you are on the learning disability register with your GP to be eligible for the annual health check. People with learning disabilities from the age of 14 upwards should have a health check once a year with their GP. Your GP should contact you to arrange this, or you can ask for one.
Appointee	An appointee is a person appointed to manage your benefits received from the Department of Work and Pensions (DWP). If the claimant lacks capacity the appointee can claim and phone up the DWP for the claimant and all correspond is sent to the appointee.
Best Interest Decision	Under the Mental Capacity Act, a best Interests decision is a decision made for and on behalf of a person who lacks capacity to make their own decision.
Care & Support Plan	If a person is eligible for Adult Health and Social Care we will work with the individual to draw up their plan, agree the outcomes, identify where needs can be met through family support or informal networks, and confirm the personal budget to enable people to purchase additional services to meet identified needs. We call this the Care & Support Plan.

<u>Care Act 2014</u>	The Care Act sets out the national eligibility criteria and provides a minimum threshold for adult care and support and carer support. All local authorities must at a minimum meet needs at this level. The threshold is based on identifying how an individual's needs affect their ability to achieve relevant and desired outcomes, and whether as a consequence this has a significant impact on their wellbeing.
Child Trust Fund	A Child Trust Fund is a long-term tax-free savings account for children born between 1 September 2002 and 2 January 2011 in the UK. More information can be found at www.gov.uk .
Care Co-ordinator	Adult Health & Social Care Services will allocate a worker from I6 plus to carry out the Preparing for Adulthood Assessment and devise the care and support plan. This may be a social worker, a community nurse, an Occupational Therapist or other health and social care professional. We call this person the Care Co-ordinator.
Continuing Care	For children and young people whose needs cannot be met by universal and specialist services and require additional health services. More information is available on the Local Offer .
Deputyship	If you lack capacity and have no Power of Attorney a Deputyship can be applied for. The Court of Protection decides who has the Deputyship and for what areas eg, financial, health.
Direct Payments	Once we have agreed the personal budget, we will usually arrange for this money to be paid to the individual, or their agent. We call this a Direct Payment. The preferred method for receiving this payment is on a Council e-card. If for some reason it is not possible then it can be paid directly into a bank account.

Disability Living Allowance	DLA for children may help with the extra costs of looking after a child who: • is under 16 • has difficulties walking or needs much more looking after than a child of the same age who does not have a disability They will need to meet all the eligibility requirements.
<u>Education, Health and Care Plan</u> (EHCP)	An education, health and care plan (EHCP) is for children and young people who need extra specialist support. The EHCP will look at your child's education, health, and care requirements, and set out the additional support to meet those needs.
Health Action Plan	This plan can be written by your GP, nurse or other person involved in your care. The Plan sets out health needs and how these will be met. A person can request a Health Action Plan from the GP after their Annual Health Check.
Hospital Passport	A helpful document should someone need to go into hospital providing basic information to help hospital staff assess and support appropriately.
Preparing for Adulthood Assessment	This assessment considers the needs of young people under the Care Act 2014, decides if they eligible for Adult Health and Social Care, and if so, agrees the outcomes in the Care and Support Plan.

Personal Budget in Adults	When the Preparing for Adulthood Assessment has been completed, we draw up a Care & Support Plan and agree a sum of money that we think is sufficient to meet the assessed needs and achieve the outcomes. We use a Resource Allocation System (RAS), to guide us in this process. We call this money the Personal Budget.
<u>Personal Independence Payment (PIP)</u>	PIP is for those aged 16 or over and can help you with some of the extra costs if you have a long term physical or mental health condition or disability.
Power of Attorney	Power of Attorney is a legal document that allows someone of your choosing to act on your behalf if you become unable to do so through illness or an accident. There are two types, one for health and one for financial. You can have just one type or both. A Power of Attorney can be set up at any time and you need to be "in sane mind" and be able to communicate your wishes.
SEND	Special Educational Needs and/or Disability



Notes

