

# Care and Support Planning



**An Easy Read Guide**



You will complete your Care and Support Plan after you have done your assessment.



Your Care and Support Plan will include-



What is important to you.



What you are good at.



What your eligible needs are.



How these needs are met through family, friends, or your community.



How your Personal Budget is used to meet your needs-



- Through services the council arranges for you.



- Through a Direct Payment.



It is important to say what you will spend your Direct Payment on, and how this meets your assessed needs.



The council will check to make sure it is being spent correctly.



Your plan will also record your personal outcomes.

These are the things you want to achieve in your life.



You plan will also look to the future-



- It will record how your support can help you be more independent.



- It will plan for what will happen if your needs or circumstances change.



For example, as you or your carer grow older.



Your plan will also record your Contributions to your Personal Budget (Care Charge).



You can do your Care and Support Plan yourself, or with help from your family.



Or you could work together with your Social Worker.



The council will have to agree your support plan to make sure it meets your needs in a safe and appropriate way.



The council will agree your personal budget



Your Care and Support Plan will be reviewed once a year, or when your needs or circumstances change