

End of Life Care Planning



The Integrated Learning Disability Service (ILDS) has an End-of-Life Care Steering Group.



We believe it is important to help people live their best life, for their whole life, right to the end.



The Group has made guidelines to help people understand what good End-of-Life-Care Planning looks like.

They are at the end of this booklet.



The Group also offer training and workshops to support End-of-Life Care Planning.



Grief



When someone who is close to us is dying or has died, we feel grief.



Different people react to grief in different ways.



Macmillan have a book about grief and loss when people die



MacMillan have a book about going to a funeral.

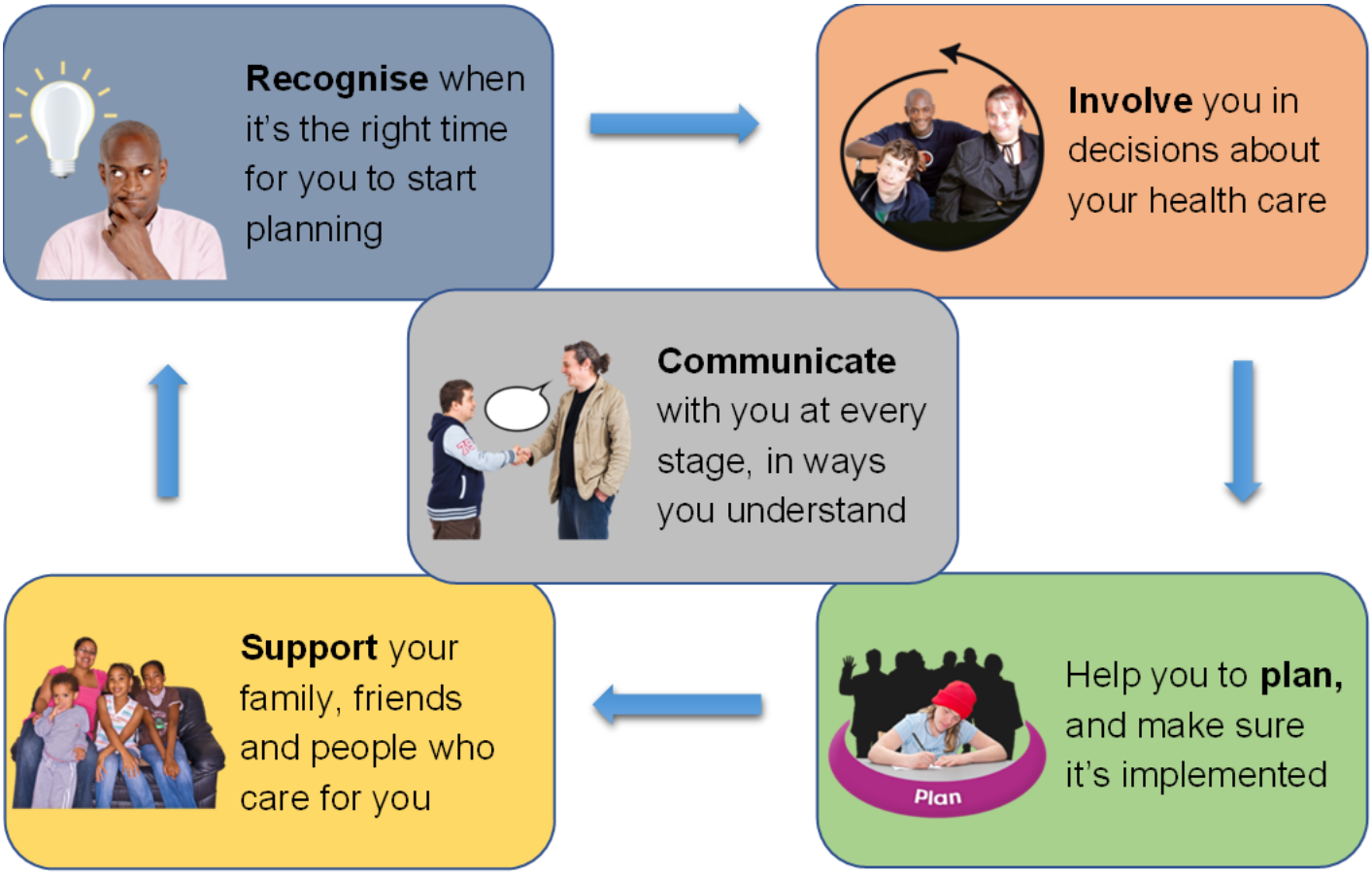
End of Life Care Planning



The Enfield Integrated Learning Disability Service (EILDS) is committed to providing person centred support through all stages of life

We know this is especially important at the end of a person's life

To make sure we get this right, we are committed to follow these principles; -





Recognise when it is the right time for you to start planning for your end-of-life care. This could be -



1. **When you are well**
   - You may have experienced a bereavement
   - You may have had a health ‘Scare’
   - You may just want to have your wishes recorded



2. **When you are not well,** We will offer to support you with End-of-Life Care Planning if -
   - You have a health condition that means you might die in the next year
   - We will not tell you if you have already said in a plan that you do not want to know
   - You do not have to plan if you do not want to, but we may ask again later



3. **When you are approaching ‘End of Life’**
   - This means when you have become ill, and Doctors think you might die in the next few weeks or days
   - We will tell you when this happens (unless you have told us not to)
   - We will make sure your plans are respected and followed



Involve

We will involve you in decisions about your health care

We will involve family, friends or your supporters if you want us to

We will use the Mental Capacity Act if we need to make decisions in you Best Interest



Support

We will support the people who matter to you – family, friends and supporters

We will support them to support you

We will support them after you have died



Plan and DO

With your permission, we can keep a copy of you plan and share it with people who need to know what is in it

We will work with other providers to make sure the things in your plan happen. This could include -

- You GP
- District Nurse
- Hospitals
- The Palliative Care Team



Throughout the process we will communicate with you, in the ways you tell us work best for you.



More information and planning tools are available on the links below.

End Of Life Care Planning | The Victoria And Stuart Project

The Palliative Care for people with Learning Disabilities Network

The Learning Disability Nursing Forum Palliative and End of Life Care

Good Life Good Death Good Grief

ENFIELD Council
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