Organisation	Description	Address	When
Enfield Caribbean Association	Luncheon Club and light exercise classes with	Green Tower Community	Fridays 12-3pm
	nutritious cultural food. All welcome.	Centre, Plevna Road, N9 OBU	
Edmonton Islamic Centre	A warm space with hot drinks and healthy snacks. All	Raynham Road, N18 2SJ	Thursdays 11-1pm
	welcome, no referrals needed.		
Rumi Mosque	A warm space and healthy cultural breakfas . All	337 Fore Street, N9 ONU	Tuesday 10-12.30pm
	welcome, no referrals needed.		
Ponders End Food Hub	A hot drink, main meal and wellbeing and other	378 High Street, Ponders End, EN3	Wednesday 12-2pm
	activities. Everyone welcome, no referrals needed.	4DG	
Chicken Shed	All welcome to drama workshops. Young people	Bramley Sports Ground, 290 Chase	Sundays 9.30-11am for 5-7 years
	including those with disabilities and special	Side, London N14 4PE	and 11.30-1.30pm for 8-11years
	education needs. Plus access for their familes to a		
	warm cafe space offering free refreshments. Booking		
	available January 2023.		
Nigerian Catholic Community	Two course hot meals for up to 30 people twice a	St Edmunds Church Hall, 115	Sundays 1-2pm and 6.30-7.30pm
	week at risk of poverty and social isolation.	Hertford Road, N9 7EN	
	Everyone welcome no referrals.		
Daisybeats	Hot lunches and no referrals needed. Plus free take	St Edmunds Church Hall, 115	Saturdays 12-1pm for lunches
	home meals every Wednesday for referred pupils	Hertford Road, N9 7EN	
	attending St Edmunds primary school.		
Exodus	Freshly prepared meals for young people and their	1 Croyland Youth Centre, Croyland	Wednesdays and Thursdays 4.30-
	parents to take home each session.	Road, N9 7BA	7.30pm
Fore Street Pantry	Cultural suitable cooked meals delivered to African	Edmonton Methodist Church, 300	Saturdays 11-1pm
	and Caribbean pensioners with mobility and	Fore Street, N9 OPN	
	disability issues and pantry members. Everyone		
	welcome, no referrals needed and opportunity to		
	register for the Pantry for subsidised groceries,		
	personal hygiene items, household essentials and		
	other support services.		

Organisation	Description	Address	When
Enact	A hot meal at Enfield Island Village Youth Centre, 14-16 Island Centre Way, EN3 6GS for young people attending the youth provision. Plus hot meals offered to their families on Fridays. All welcome, no referrals necessary.	14-16 Island Centre Way, EN3 6GS	Tuesdays 3-6.30pm and Fridays 4.30-8.30pm
ECYPS	Lunchtime hot drinks and healthy snacks on Tuesdays 11-1pm - priority for families who attend our foodbanks. Plus take away meals on Saturdays 11-12.30pm for a limited number of families. Hot meals and access to a children literacy programme attending the after school club at The Ark on Mondays and Fridays 3.30-5pm. Hot meals for young people and their parents 3.30-6.30pm on Fridays at Alan Pullinger Youth Centre, John Bradshaw Road, South, N14 6BN and Wednesdays at Ponders End Youth Centre, 129-139 South Street, Ponders End, EN3 4PX. Everyone welcome, no referrals needed.	The Ark: 500 Montagu Road N9 OUR and Ponders End Youth Centre: 129 South St, Enfield EN3 4PX and Alan Pullinger Youth Centre: 1 John Bradshaw Rd, London N14 6BT	At the Ark: after school club Mondays & Fridays 3.30-5.30pm and Tuesday 11-1pm. Ponders End Youth Centre: Wednesdays at 7.30-8.30pm, Alan Pullinger Youth Centre: Fridays at 7.30-8.30. Saturdays 11-12.30pm and ½ terms 10-3pm Mondays and Tuesdays.
Phoenix Family Support Services	Healthy breakfast 2 days a week and cultural food parcels to take home monthly. Plus access to skills training, group therapy, workshops and chat to trained volunteer for more help. Family learning for families with children to access a hot meal, arts and crafts, physical activities, homework support and a hot meal. All sessions everyone welcome no referrals needed. Plus an opportunity to register for the Pantry for subsidised groceries, personal hygiene items and other support services.	229 Bounces Road, N9 8LP	Mondays and Tuesdays breakfast and Monday to Friday 3.30- 6.30pm hot meals and activities .

Organisation	Description	Address	When
Community Smiles	Eat-in and take away meals available at Vincent House Cafe, Nags Head, EN3 7FN for families and everyone welcome. No referrals needed.	Vincent House, Nags Head Road, EN3 7FN	Mondays, Wednesdays and Fridays 3-6pm, Monday to Friday 3.30-6.30pm
Ordnance Pantry	Culturally suitable 2 course hot main meals and a hot drink. Chat with trained volunteers, if help is needed. Everyone welcome, no referrals necessary and an opportunity to register for the Pantry for subsidised groceries, personal hygiene items, household essentials and other support services.		Saturdays 1-3pm
St Demetrois Foodbank	Providing a warm space and free hot meals for our foodbank users.	Corner of Logan Road, Town Road, N9 OLP	Saturdays 12-2pm.