# Enfield Integrated Learning Disability Service

# Easy Read e-Newsletter October 2026




You can see the latest **Wellbeing newsletter here.**




The Community Connect Enfield 2026 event is on the 22nd of October at the Living Room Library in Edmonton.



This is a free, all-day community experience - career talks, health support, and creative services, all under one roof.
To find out more click **Community Connect Enfield**.



Age UK Enfield are offering free ‘Communities in Motion’ exercise classes for the over 65’s. Find out more at **Communities in Motion**.

UCAN ENFIELD

You can download a leaflet about UCAN’s **September Activities**.



The **“Every hand tells a story”** Reading group is for both the Deaf and Hearing communities.

You can see this and **previous newsletters** on MyLife.

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