



Health Subgroup Meeting

March						
Mon	Tue	Wed	Thu	Fri	Sat	Sun
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

Easy Read Summary – March 2026



Going to hospital



People with learning disabilities may need extra help at hospital.
Hospital Passports are very important.



The group will be checking that Hospital Passports are good.



Annual Health Checks



The group will be sending out a survey about how good people Annual Health Checks were



Sharing Information



Doctors, hospitals, and councils need to share information safely. This helps staff know how to support someone quickly.



Some systems, like Enfield Social Care Records, are not working well yet.



Health and Social Care Services are working to fix these problems.



Exercise

One-to-One did a survey that found people would like to do more things like -



Swimming



Exercise classes



Activities in the evening and weekends



One-to-One and partners will be looking at how to make these things more available