Enfield Integrated Learning Disability Service

Easy Read e-Newsletter November 2026



There is no Wellbeing Newsletter this month.



There will be a Holiday edition in December.



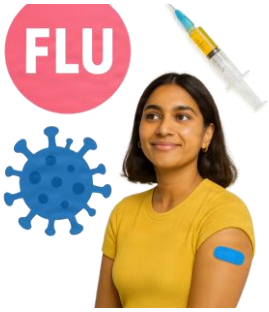
It will then be every three months.



The Sing Out Choir will be doing **Christmas Songs from Around the world**.



This will be on the 7th of December at Enfield Baptist Church, from 12:30 – 1:30.



The NHS have made the **Easy Read Leaflet about the Flu Vaccine**.



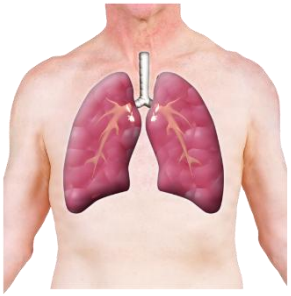
Eligible people should be invited for a jab by their GP. If you have not heard get in touch and ask.



If it is difficult for you to get the vaccine at your GP, you could come to a **Digital Health Drop In**.



The Integrated Learning Disability Service are having a "**Breathe Easier**" event.



This will give people information on Lung Cancer Screening and support to stop smoking



It will be on the 10th of December at the Carnegie Building.

You can see this and **previous newsletters** on MyLife.



It's carers rights day on the 19th of November.
Visit the **Carers Centre** website for information about their event on the day.



The Integrated Learning Disability Service has updated their **website** with information on their **pathways** you might find interesting.

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